

# First United Church DELIBERATE ACTS OF KINDNESS MONTH -- February, 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	31	1	2
					<p><i>Compliment a stranger. Pray that our initial Acts of Kindness will inspire even more acts of kindness.</i></p>	<p><i>Bring* an item for MCUM Pantry:</i> Laundry detergent, dish detergent, all-purpose cleaner, facial tissue</p>
3	4	5	6	7	8	9
<p><i>Put a book in a Little Free Library.</i></p>	<p><i>Serve a meat-free meal.</i></p>	<p><i>Mail a "Thinking-of-you" card or note.</i></p>	<p><i>Donate to MY SISTER'S CLOSET:</i> Resalable women's clothes, jewelry, unopened make-up, resume paper, paper towels</p>	<p><i>Plan to car-pool to an event.</i></p>	<p><i>Donate old towels and/or unopened dog or cat food to the Monroe County Animal Shelter.</i></p>	<p><i>Bring* an item for Shalom Center:</i> Socks, blankets, gloves, back packs, tarps</p>
10	11	12	13	14	15	16
<p><i>Turn off unnecessary lights. Switch out one or more household lights with LED bulbs.</i></p>	<p><i>Compliment and thank a teacher, bus driver, delivery person, and/or custodian for their service.</i></p>	<p><i>Use a travel mug or reusable bottle for beverages all day.</i></p>	<p><i>Reduce. Reuse. Recycle.</i></p>	<p><i>VALENTINE'S DAY! Tell someone you love them.</i></p>	<p><i>Wash a load of laundry in cold water and air dry whatever you can.</i></p>	<p><i>Bring* an item to be given as a prize for Jail BINGO:</i> Stick deodorant, bath soap bars, shampoo, toothpaste (all full-sized)</p>
17	18	19	20	21	22	23
<p><i>Write to legislators regarding an environmental issue.</i> Paper, envelopes, stamps, and addresses will be available at First United Church.</p>	<p><i>Hold open a door for someone behind you.</i></p>	<p><i>Offer to do a chore or run an errand for a shut-in.</i></p>	<p><i>Drop a quarter in an expired parking meter.</i></p>	<p><i>Pick up trash/litter.</i></p>	<p><i>Call someone who lives alone.</i></p>	<p><i>Bring* reusable shopping bags to share.</i></p>
24	25	26	27	28	29	1
<p><i>Make a treat and share it.</i></p>	<p><i>Decline plastic straws.</i> Acquire your own reusable straw.</p>	<p><i>Bring in a neighbor's trash and/or recycling bins.</i></p>	<p><i>Shop using only reusable bags.</i></p>	<p><i>Donate reusable household items to OPPORTUNITY HOUSE.</i> Shop there and volunteer.</p>	<p><i>LEAP YEAR! Please determine your own Act of Kindness for today.</i></p>	
<p><b>* Items brought to First United Church will be delivered to the appropriate location. Consider partnering with someone to purchase expensive items.</b></p>						
<p>First United Church is encouraging congregants and members of the community at large to engage in "DELIBERATE" Acts of Kindness during the month of February. This will require work, forethought, planning and commitment. The "Acts" named above emphasize food insecurity/poverty and climatechange/environmental resilience, two areas of great concern to the congregation.</p>						
<p>MCUM Pantry 827 W 14th St Bloomington, IN 47404</p>	<p>My Sister's Closet 414 S College Ave Bloomington, IN 47403</p>	<p>Monroe County Animal Shelter 3410 S Walnut Bloomington, IN 47401</p>	<p>Shalom Center 620 S Walnut St Bloomington, IN 47401</p>	<p>Opportunity House 907 W 11th St Bloomington, IN 47404</p>	<p>First United Church 2420 E Third St Bloomington, IN 47401 (812) 332-4439 firstuc.org</p>	